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COMPRESSIVE NEUROPATHIES

Occupational Diseases Online Course Series

Course Description

The goal of this activity is to train regional primary healthcare providers on carpal tunnel syndrome (CTS) and other compressive neuropathies, including occupational and non-occupational risk factors. The course will cover best practices for the diagnosis, treatment and clinical management of CTS, and it will introduce prevention strategies using the industrial hygiene hierarchy of controls.

In this self-paced online course, practitioners work through clinical cases and public health scenarios, describing both patient and workplace management of compressive neuropathies.

ACCREDITATION

In support of improving patient care, this activity has been planned and implemented by Centers for Disease Control and Prevention and The Northwest Center for Occupational Health and Safety, University of Washington Department of Environmental and Occupational Health Sciences. The Centers for Disease Control and Prevention is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



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REGISTRATION

To register for this complimentary course, visit oshce.uw.edu or contact **206-543-1069**

INFORMATION

Occupational Safety and Health
Continuing Education Programs

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**OCCUPATIONAL SAFETY AND HEALTH
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ENVIRONMENTAL & OCCUPATIONAL
HEALTH SCIENCES



**NORTHWEST CENTER
FOR OCCUPATIONAL
HEALTH AND SAFETY**
UNIVERSITY of WASHINGTON

What Will You Learn?

Upon completion of this course, you will be able to:

- Discuss the difference in prevalence of CTS in general and working populations.
- Name four examples of occupational and non-occupational risk factors for CTS.
- Describe at least two pathological changes that can lead to increased carpal tunnel pressure.
- Describe two ways in which nerve conduction studies can be used to make a diagnosis of neuropathy.
- Identify three key strategies in a team approach to successfully return the CTS patient back to work.

Course Faculty & Speakers



June Spector, MD, MPH,
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Departments of Environmental
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Nancy Simcox, MS,
Director, Continuing Education
Programs and Co-Director,
Northwest Center for
Occupational Health and
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Who Should Take This Course?

This course was designed for health care providers, including physicians, nurses, nurse practitioners, physician assistants; public health professionals; case managers.

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To request disability accommodation, contact the Disability Services Office at least 10 days in advance at: 206-543-6450 (voice); 206-543-6452 (TDY); 206-685-7264 (FAX); or dso@u.washington.edu (e-mail)

Full Accreditation and Disclosure Statement

CME activities with Joint Providers: This activity has been planned and implemented by Centers for Disease Control and Prevention and The Northwest Center for Occupational Health and Safety, University of Washington Department of Environmental and Occupational Health Sciences. The Centers for Disease Control and Prevention is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The Centers for Disease Control and Prevention designates this **enduring** activity for a maximum of **1.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CNE: The Centers for Disease Control and Prevention designates this activity for **1.75** nursing contact hours.

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